

# The Piper

## March 2023



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## **A Message from Father Martin**

Dear Friends,

We have begun the holy season of Lent, a time for self-examination, spiritual refreshment and renewal. The word 'Lent' comes from the old English for Spring and the 'lengthening' of the daytime. We shake off the dust and gloom of Winter and air out our souls in preparation for the joy of Easter.

I love Eucharistic Prayer C, which we are using here at St. Andrew's during Lent, especially the words:

*Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not **for strength**; for pardon only, and not **for renewal**. Let the grace of this Holy Communion make us one body, one spirit in Christ, **that we may worthily serve the world in his name.*** (BCP p. 372, emphasis added)

On the eve of Lent, we had a very fun Shrove Tuesday Pancake Supper, with good turn-out in spite of the weather.

Ash Wednesday services at Noon and 7:00 pm were especially memorable in that the power was off, making our solemn liturgy even more moving in the dim light (Noon) and the utter darkness (7:00 pm) except for the altar candles and various flashlights.

Our Sunday services call us to prepare with joy for the Easter feast - we examine our lives and renew our faith-relationship with God so that we may receive the grace, the mercy, the healing and the joy for us in Easter. (We are not observing a grim or gloomy Lent here at St. Andrew's.)

Our Bible Study continues on Tuesdays from 11 am to 12 Noon in the Parish Hall. All are welcome - no background required.

On Wednesday evenings beginning March 8, please come at 5:30 pm for a soup supper (sign up if you would like to help with soup, bread, salad, etc.) and a discussion from 6 to 7 pm of basic Christian topics:

March 8 - **The Bible**: Where did it come from? What do we do with it?

March 15 - **Prayer**: How to pray, different kinds of prayer.

March 22 - **Worship**: Why do we do what we do on Sundays?

March 29 - **Ministry**: We are all called to ministry, 24/7.

April 5 - **Holy Week and faithful living**.

These discussions are great for reviewing one's faith, for learning more about Christianity and the Episcopal Church, as preparation for Baptism or Confirmation, or for anyone curious about St. Andrew's. Spread the word!

In Holy Week (the week before Easter) we can look forward to a Maundy Thursday service at 7:00 pm, two Good Friday services here at St. Andrew's: a Noon service co-sponsored with several SLV churches, and our traditional moving liturgy at 7:00 pm. Easter Sunday at 10 am will probably include baptisms and an Easter egg hunt for children. More details to be announced.

Let me close with a special prayer to guide us personally and together this Lent: *O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquillity the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen.* (BCP pp.291 & elsewhere)

Yours in Christ,  
Martin+

### **Episcopal News**

For Lenten resources, visit <https://episcopalchurch.org>. There are many options for self-study, including email notifications, videos, meditations. Visit [www.realepiscopal.org](http://www.realepiscopal.org) to receive information on the Diocese of El Camino Real.

# Garden of Eatin'

## EGGLESS, MILKLESS, BUTTERLESS CAKE

This is a recipe from my mother-in-law, Ruth Roe. I think this was something that came from the Depression Era when eggs, milk, and butter were expensive. It also happens to be a “vegan” recipe. I sometimes serve it with warm lemon sauce – but I don’t think my mother-in-law ever did that.

Pour 1 cup of water in a saucepan.

Add:

1 cup sugar, 2 cups raisins, 1 tbsp. shortening, 1 teas. cinnamon, 1 teas. nutmeg.

Boil 3 minutes and cool.

Add: a pinch of salt, 1 teas. baking soda dissolved in 2 tbs. warm water, 2 cups flour, ½ teas. baking powder.

Bake in a greased square cake pan at 350 degrees for 30+ minutes, until a toothpick comes out clean.

## SUE’S LEMON SAUCE

½ cup Sugar

1 Tbs. Cornstarch

1 cup boiling Water

3 Tbs. Butter

1 ½ Tbs. Lemon juice

Dash Nutmeg

Combine sugar and cornstarch in saucepan. Gradually add boiling water. Cook and stir until thick and clear. Add butter, lemon juice, and nutmeg.

This recipe is good on gingerbread also. That’s how we used it in my family when I was young.

### HeeHeeHee!!!

An elderly woman had just returned to her home from an evening of church services when she was startled by an intruder. She caught the man in the act of robbing her home of its valuables and yelled, "Stop! Acts 2:38!" (Repent and be baptized, in the name of Jesus Christ so that your sins may be forgiven.)

The burglar stopped in his tracks. The woman calmly called the police and explained what she had done.

As the officer cuffed the man to take him in, he asked the burglar, "Why did you just stand there? All the old lady did was yell a scripture to you."

"Scripture?" replied the burglar. "She said she had an ax and two 38's!"

ON THE SCHEDULE

Join us at 10 am on Sundays

Watch the sermon on the St. Andrew's Facebook page.

SAVE THE DATE

Please join in on the Upcoming Church Activities!!

**Weekly Bible Study** on Tuesdays from 11 am to 12 Noon in the Parish Hall. Everyone is welcome – no background required. We will begin with Luke's Gospel.

**St. Patrick's Day Dinner – Friday, March 17.** 5:30–7:00 pm Join us for traditional corned beef and cabbage dinner and entertainment. More to follow!!

## Lent at St. Andrew's - 2023

*(Lord,) You bid your faithful people cleanse their hearts, and prepare with joy for the (Easter) feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. (2nd Preface for Lent, Book of Common Prayer, p. 379)*

Lent is a season for spiritual refreshment and renewal. It begins on Ash Wednesday (February 22 this year) and runs for 40 days (not including Sundays) until Easter. It is NOT a time for gloom, guilt and groveling, rather, Lent is an opportunity for renewing our priorities, what is most important to remember, and to “clean house”-so to speak - of what anxieties and distractions have come to clutter our lives.

### **Soup Supper and Lenten Class—Wednesdays in Lent**

Beginning March 8 (Second week of Lent) - 5:30 soup, 6 pm class  
Our Lenten classes, led by Fr. Martin, will include presentation and discussion to explore the basics of Christian life and the Episcopal Church. For those new to the Episcopal Church and St. Andrew's, for those seeking a refresher course, and anyone interested in exploring more. Topics: the Bible, Prayer, Worship and what we do on Sundays, Ministry (all our ministries), and Holy Week / faithful living.

### **Maundy Thursday service at 7:00 pm**

**Two Good Friday services** - a Noon service co-sponsored with several SLV churches, and our traditional dramatic liturgy at 7:00 pm.

### **Easter Sunday at 10 am**

## St. Andrew's Birthdays

### March Birthdays

4 — Esben Seeger	9 — Elizabeth Forbes
4 — Hayden Seeger	16 — Renee Katz
4 — Gina Carling	16 — Nia Woolliscroft
5 — John Brough	24 — Tom Spring
6 — Sabrina ValldeRuten	24 — Gary McCormick
7 — Clark McPherson	27 — Steve Lafever
8 — Aiden LeRoux	



### April Birthdays

5 — Luke Banke	18 — Sheryl Mello
5 — Henry ValldeRuten	19 — Iain Holtzclaw
6 — Sharon Fishel	22 — Susan ValldeRuten
11 — Donna Brough	26 — Hyacinth Bevan
13 — Tatiana Davidson	27 — Tom Fogarty
14 — Barbara Banke	27 — Joan McVay

### Special Days

**American Red Cross Month** - Started in 1943

**Music in Our Schools** - The National Association for Music Education has chosen March to focus on music education in schools all across the U.S.

**National Women's History Month** - This year's theme is "Celebrating Women Who Tell our Stories."

March 1st 1961- The Peace Corps was founded with an executive order by John F. Kennedy

March 1st 1872- Yellowstone National Park became the very first National Park

March 1st 1867- Nebraska became the 37th State

March 3rd 1933- National Anthem Day - President Herbert Hoover signed a congressional act that made "The Star- Spangled Banner" the song of the US.

March 3rd - The Missouri Compromise

March 4th 1789- The US Congress First Session under the Constitution took place in New York.

March 5th 1946- Winston Churchill gave "The Iron Curtain" Speech.

March 6th 1836- The Fall of the Alamo

March 6th 1857- The Supreme Court ruled on The Dred Scott Case

March 8th - International Women's Day was organized in 1908 and has been celebrated around the world since 1975

March 10th 1876- The Birth of the Telephone

March 13th 1781- Uranus was discovered by the astronomer, William Herschel. Uranus is the seventh planet from the sun.

March 15th 44 B.C.- Julius Caesar was murdered by his friend Brutus

March 17th - St. Patrick's Day

March 20th - The First Day of Spring

March 30th 1867- The United States Buys Alaska -for \$7 million under a treaty with Russia

March 30th 1870- The 15th Amendment is adopted.



## St. Patrick's Day Dinner

Friday, March 17

5:30—7:00 pm

Enjoy corned beef and cabbage with all the fixings!!

A sign-up sheet will be put up at the Parish Hall for food and volunteers.



*Time change is upon us — Spring Forward on Sunday,  
March 12!!*

### WELCOME SPRING!



**Spring is here.  
Spring is here.  
Goodbye, snow.  
Flowers grow.**



**Birds and bees,  
leaves on trees.  
Hello, spring.  
Hello, spring.**



#### 2023 Vestry Members

Rochelle Kelly, Senior Warden

Sara Hector

John Woolliscroft, Junior Warden

Steve Lafever

Susan Greer, Clerk of the Vestry

Sue Roe

Cindy Garay

If you have any questions, comments, suggestions, please forward them to any of the Vestry members. Vestry meetings are held on the 3rd Tuesday of every month at 1 pm in the Parish Hall.

The Vestry officers for 2023 are:

Rochelle Kelly, Senior Warden;  
John Woolliscroft, Junior Warden;  
Susan Greer, Clerk of the Vestry.



*Join us on Sundays at 10 am for worship services. Video of sermons is available on St. Andrew's Facebook page.*

*Bible study on Tuesdays at 11 am. Join for study and camaraderie.*